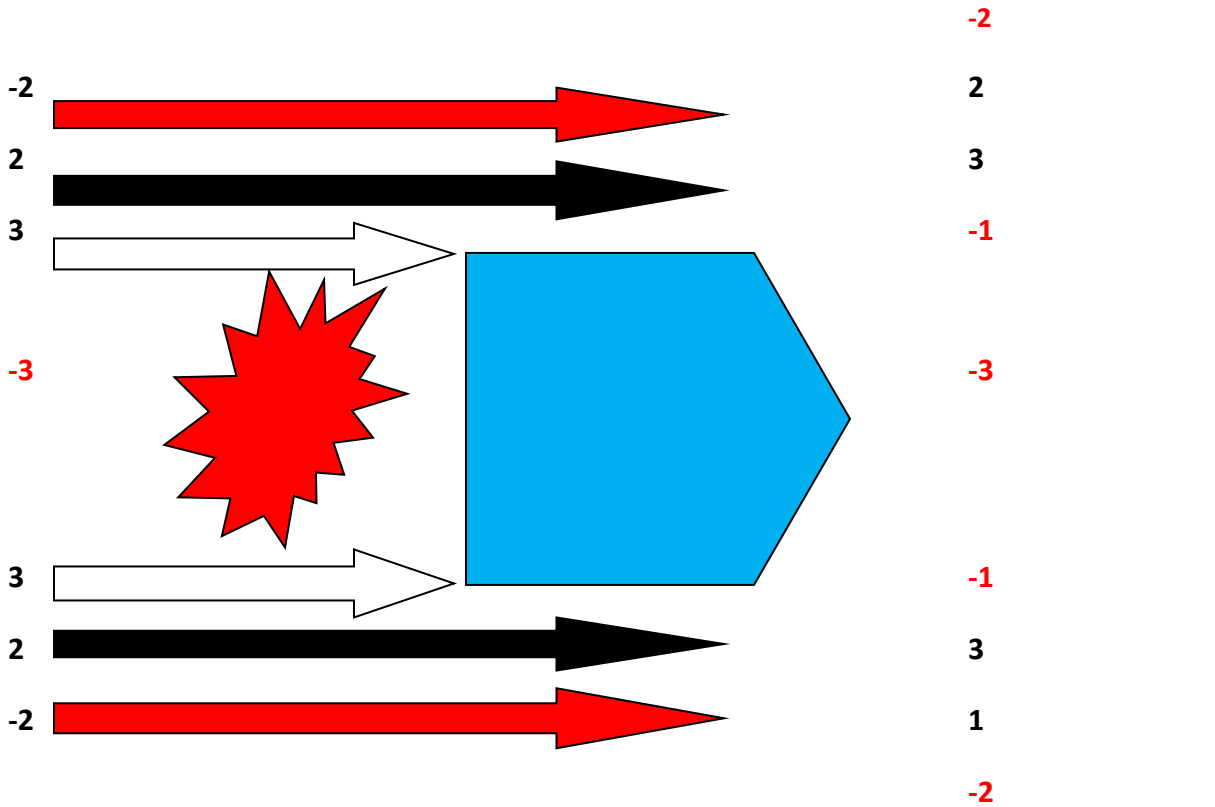




Location/Accuracy Skills Chart

Strikes/Misses

Tease Pitches



Skill/Pitch _____ Speed Goal _____

Pitch # 1 2 3 4 5 6 7 8 9 10 11 12 Total Score

Location _____

Speed _____

“Throw For Strikes” Charting Score-----12 Pitches

- a. Alternate inside/outside on white strip
- b. Objective is to throw strikes

“Throw Tease Pitches” Charting Score-----12 Pitches

- a. Alternate inside/outside on black strip
- b. Objective is throw tease pitches/both sides

“Alternate Throwing Strikes and Tease Pitches”---12 Pitches

- a. Alternate inside/outside: outside-strike/outside-tease; inside-strike/inside tease
- b. Objective is to throw alternating strikes and tease pitches to both sides of plate

KEY: The results are totally different when the pitcher throws at simulated game speed!