



Presents:

Advanced Movement Pitching Mechanics

Chattanooga, TN



12.1 1pm - 4:30pm - \$125 / attendee

Only 25 Spots available

This session is designed for advanced pitchers. Coach Pauly and Sarah Pauly will focus on best practices and safe techniques required for throwing elite level movement pitches. Learn the best techniques for throwing the rise ball, curve ball, drop ball and change-up. You will learn the best drills to perfect your pitching mechanics and increase speed and location. Emphasis will be placed on increasing spin rate which will enable you to maximize the movement on your pitches.

Details & Registration at

FURYACADEMY.NET/EVENTS



Presents:

Mechanics of Elite Pitchers (Intermediate Pitchers)

Chattanooga, TN



12.1 9am - 12pm - \$100 / attendee

Only 25 Spots available

This clinic has been designed specifically for intermediate pitchers. Coach Pauly and Sarah Pauly will be demonstrating the proper pitching mechanics that all beginning and intermediate pitchers need to know. They will teach the drills that will assist in developing proper and safe pitching mechanics. Emphasis will be placed on increasing speed & improving location accuracy. Session will include instruction on how to throw a basic drop ball and change-up.

Details & Registration at

FURYACADEMY.NET/EVENTS



Presents:

Elite Pitching for Coaches & Parents w/ Coach Rick Pauly & Sarah Pauly

Chattanooga, TN



11.30 7pm - 9:30pm - \$40 / attendee

This clinic has been designed to assist parents, travel ball, high school, and college coaches learn the fundamentals of the best practices on how to teach the art of softball pitching. Coach Pauly has spent nearly a decade creating the curriculum for this workshop. Learn the fundamental movements of elite level pitchers, and how to eliminate inefficient and unsafe pitching movements. Coach Pauly will be demonstrating the proper pitching mechanics that all beginning and intermediate pitchers need to know.

Details & Registration at

FURYACADEMY.NET/EVENTS